

QPR

QUESTION.
PERSUADE.
REFER.

Ask a Question. Save a Life.

QPR's mission is to save lives and reduce suicidal behaviors by providing innovative, practical, and proven suicide prevention training. Participants will gain the information they need to help prevent suicide and save lives through this gatekeeper training.

When: Tuesday, February 6th beginning promptly at 3:30pm

Where: Central Catholic Library

Suicide Prevention Training. Three steps anyone can learn to help prevent suicide. Question. Persuade. Refer. (QPR) is a FREE suicide prevention training available to anyone 18 years of age or older.

WHAT YOU WILL LEARN

- How to Question, Persuade and Refer someone who may be suicidal
- How to get help for yourself or learn more about preventing suicide
- The common causes of suicidal behavior
- The warning signs of suicide
- How to get help for someone in crisis

Register [HERE](#) or
scan the QR code
below



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