



March - Week 1

What you did to the least of my children, you did it to Me.



Dear Parents,

During Lent, Catholics do three things to grow closer to God: pray, fast, give alms. These are the three pillars of Lenten spirituality. In Christ, we are all family. We are called the “Mystical Body of Christ”. How can we not take care of each other?

Catholic Relief Services has an excellent program to teach students at every grade level, about people who experience poverty in the Third World countries and how they work together with CRS to overcome their difficulties. Three different countries – Honduras, Philippines and Kenya - are highlighted in lessons, video and recipes. Through these lesson you learn about people who have overcome factors that can lead to hunger, including floods and droughts. The Rice Bowl for Lent help us “Give Drink to the Thirsty”.

Use this website or click the lessons in the chart: <https://www.crsricebowl.org/1-8>

Story	1st – 3rd	4th – 6th	7th – 8th	Video
<u>Introduction: A Journey to 3 Countries</u>	<u>Lesson Plan & Activities</u>	<u>Lesson Plan & Activities</u>	<u>Lesson Plan & Activities</u>	<u>Watch Now</u>
<u>A Story of Hope from Honduras</u>	<u>Lesson Plan & Activities</u>	<u>Lesson Plan & Activities</u>	<u>Lesson Plan & Activities</u>	<u>Watch Now</u>
<u>A Story of Hope from the Philippines</u>	<u>Lesson Plan & Activities</u>	<u>Lesson Plan & Activities</u>	<u>Lesson Plan & Activities</u>	<u>Watch Now</u>
<u>A Story of Hope from Kenya</u>	<u>Lesson Plan & Activities</u>	<u>Lesson Plan & Activities</u>	<u>Lesson Plan & Activities</u>	<u>Watch Now</u>