

# CENTRAL CATHOLIC HIGH SCHOOL ACTION PLAN FOR A STUDENT/ATHLETE WITH A SUSPECTED CONCUSSION

5/14/2012

Below is the description of the action plan by athletic department coaches, club sponsors, intramural coaches, trainers, team doctors and administrators should any Central Catholic High School student/athlete be suspected of being concussed:

1. The student/athlete will be removed from the activity immediately if they are suspected of having a concussion.
2. The coach/sponsor will inform the athletic trainer, in the case of a sponsor of a club or intramural sport, as soon as possible of the suspected concussion and will make contact with the students/athletes parent or guardian to explain the situation.
3. The student/athlete will be evaluated by a licensed athletic trainer that has a certification of completion from the Centers for Disease Control video "Heads up Concussion in Your Sport".
4. The athletic trainer will contact the parent or guardian to confirm whether the student/athlete has been suspected of having a concussion.
5. If no licensed athletic trainer is available the coach/sponsor will contact the parent or guardian and inform them that it is suspected that the student/athlete could have a concussion.
6. Before returning to practices or contests the student/athlete must be seen by an Indiana licensed physician that has been trained in concussion diagnosis and treatment.
7. The student/athlete will only be allowed to return to practices and contests after they have presented the signed "Head Concussion Evaluation and Release to Play Form For License Health Care Providers" to the Central Catholic High School athletic trainer, in the case of a student involved in club or intramural sports. The form is available on the Indiana Department of Education Learning Connection web site under "IDOE Concussion and Head Injury in Student-Athletes".
8. All signed release forms will be kept on file in the athletic training office AND the athletic office at Central Catholic High School.